

**B.V. Patel Institute of Business Management, Computer & Information Technology,  
Uka Tarsadia University**

**Date: 11/7/2014**

**Orientation of First Year Students**

The orientation programme at the onset of the academic year 2014-15 was organised from 7<sup>th</sup> July to 12<sup>th</sup> July for 165 students of BBA, BCOM and Integrated MCOM. The objective was to orient them for the first semester as well as to acquaint them with the structure of the respective courses in management and commerce and to familiarise them with the universities as well as institute's rules, regulations, system and culture.

**1. Know Your Institute**

Mr. Mukesh Patel gave presentation on 'Information about Course, Curriculum, Continuous Internal Evaluation Criteria and Grade system. The students were made aware of various rules and regulations. Students were apprised about uniform, college timings, etc. All the students filled up various forms e.g. Affidavit for Anti Ragging, Library Membership, Critical Information, GSRTC bus pass form, etc.



**2. Prayer Assembly**

Divya Galaria and Nipam Chauhan distributed prayer cards and conducted prayer assembly guided and trained the students regarding prayer, praynam, cheers, clapping, etc.

**3. Management Games**

Ms. Divya Galaria and Ms. Manisha Surti organised ice breakers and management games. Students learned management concepts through games like managing time, team work, presence of mind, etc.



**4. Spiritual Discourse and Musuem Viist**

A very special session on 'Anger-Management, Personality and Mentality' was conducted by Pinkididi from Brahamakumaris, Bardoli Center. She explained four types of personality and mentality found in the people. With the help of transactional analysis 'I am not OK, You're OK', 'I am not OK, You are not OK', 'I am OK You are OK, I am OK, You are not OK, one can solve problems in life. She also emphasised the need of three aspects of self - 'Self- Discipline', 'Self- Confidence' and 'Self- Perseverance'. The boys visited Shrimad Museum they were informed about Shrimad Rajchandra, his life, interaction with Mahatama Gandhi, his Satavadhani skill, Agas Ashram, Asta temple and Bhuladada the patron of the institute.

## 5. Image Building Session

Miss. Rozy Patel a talented radio jockey and an expert in etiquette training took a session on personality, grooming and behavior of college students.

She explained the definition of college by explaining the each of the letter individually in the word itself. As stated by her the abbreviation of the word college stands for various aspects. Where ‘C’ stands for composure and construction of the self, ‘O’ for opportunity, which is to be identified, created or grabbed, ‘L’ for love and passion for work, ‘L’ for liveliness to process what is important, ‘E’ for energy, revitalising one’s self daily, ‘G’ for go green, including positivity and taking initiative, ‘E’ each moment is to be worked out, no tomorrow only today.

## 6. CD Shows



CD shows\_‘Beauty of Life’ by Dr, E.V. Swaminathan and ‘Role of Teacher in shaping young mind’ by Dr. Kiran Bedi, were shown by Gaurang Pandya. From ‘Beauty of Life’ students learnt what is life and the way of living it. Dr. Swaminathan described the life as a journey within and to use prioritising to tackle the problem of lack of time. Kiran Bedi’s speech focused on ‘Role of Teacher in shaping young mind’.

She emphasised on triple influence\_ parents, surroundings, and teacher who can shape and change the young student’s life.

Also, a CD show of Lays Chips production factory was shown and on Motivational Programme by international trainer Shri Shiv Khera was shown to students.

## 7. Movie Based Workshop

Shri Himanshu Joshi the corporate trainer took a session on movie “*Ratatouille*” where students acquired an absolutely unique perspective of learning things from movies. “*Ratatouille*” conveyed that quitters never win, winners never quit; even a smallest thing or experience is not to be neglected, as it can be a source for big learning; and don’t wait for external motivation, progress always comes with internal motivation.



## 8. Prevention of Sexual Harassment

Members of committee held a session on gender issues with girl students. All were apprised about the existence and functioning of Sexual Harassment Prevention Cell at the Institute level and the University level. Online help numbers were informed.

## 9. Anti Ragging

Members of anti ragging committee explained UGC rules and regulations about anti ragging within the college and hostel. A CD on the menace of ragging was also shown. The video was particularly explanatory to the students as it covered the major aspects on the subject\_ UGC rules and regulations against ragging, explanation of the types of ragging, prevention measures, helpline no.,



punishment, guideline for not entertaining any such menace etc. Students were informed about the prevalence of anti-ragging cell in the university and in the institute as well.



## 10. Yoga and Laughter Therapy

Mr. Ajay Patel a yoga expert, explained the importance of physical fitness to the students and said that the ancient practice of yoga offers a multitude of benefits to modern-day students. Yoga combined with breathing movements can help alleviate social and academic stress. The practice began with the recitation of 'mantras' followed by various 'asana' like Pranayama, Kapalbhata, Anulom-Vilom, Vajrasana, Hasyasana and ended with Shantipath. Students participated in all the exercises and asana.